

REVIEW OF SYSTEMS

Constitutional

- fever
- night sweats
- weight gain (lbs) _____
- weight loss (lbs) _____
- exercise intolerance
- lethargy
- insomnia
- snoring
- fatigue

Eyes

- last eye exam: _____
- dry eyes
- irritation
- cataracts
- vision change
- glaucoma
- wears contacts
- wears glasses

Ears

- difficulty hearing
- ear pain
- tinnitus (ringing in ears)
- wears hearing aids

Nose

- frequent nose bleeds
- nose problems
- sinus problems
- nasal congestion

Mouth/Throat

- up to date with dental cleanings
- flosses
- sore throat
- bleeding gums
- dry mouth
- oral abnormalities
- mouth ulcer
- poor dentition
- mouth breathing
- thrush
- cold sores

Allergy/Immunologic

- runny nose
- sinus pressure
- itching
- hives
- frequent sneezing

Cardiovascular

- chest pain on exertion
- arm pain on exertion
- shortness of breath when walking
- orthopnea (shortness of breath with lying down)
- palpitations
- known heart murmur
- light-headed on standing
- paroxysmal nocturnal dyspnea (waking up in the middle of the night with severe shortness of breath and needing to sit on the side of the bed to catch your breath)
- abnormal blood pressure
- leg claudication (pain in calf after walking a certain distance)

Respiratory

- cough
- wheezing
- shortness of breath
- coughing up blood
- sleep apnea
- productive cough

Gastrointestinal

- abdominal pain
- vomiting
- change in appetite
- black or tarry stools
- frequent diarrhea
- vomiting blood
- dyspepsia (indigestion)
- esophageal reflux
- constipation
- difficulty swallowing
- bright red blood per rectum
- rectal bleeding
- hemorrhoids
- anorexia
- bloating
- early satiety

Genitourinary

- urinary loss of control
- difficulty urinating
- increased urinary frequency
- hematuria
- difficulty emptying bladder
- urgency
- nocturia (waking up to pee in the middle of the night) # of times _____
- dysuria
- dribbling
- STDs

Musculoskeletal

- muscle aches
- muscle weakness
- arthralgias/joint pain
- back pain
- swelling in the extremities
- Raynaud's Phenomena (reduced blood flow to the fingers/toes with exposure to cold)
- neck pain

Integumentary / Skin

- abnormal mole
- jaundice
- rash
- itching
- dry skin
- growths/lesions
- laceration
- nail problems
- nail fungus
- acne
- rosacea
- warts
- urticaria (hives)

Neurologic

- syncope
- weakness
- numbness
- seizures
- dizziness
- frequent or severe headaches
- migraines
- restless legs
- tremor
- memory concerns out of the ordinary

Psychiatric

- depression
- sleep disturbances
- feeling unsafe in relationship
- restless sleep
- alcohol abuse
- anxiety
- hallucinations
- suicidal thoughts

Endocrine

- increased thirst
- hair loss
- increased hair growth
- cold intolerance

Hematologic/Lymphatic

- history of transfusions
- swollen glands
- easy bruising
- excessive bleeding